

### Ginkgo biloba Tablets 40mg Taj Pharma

Package leaflet: Information for the user

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### What is in this leaflet:

- 1. What is Ginkgo biloba and what it is used for
- 2. What you need to know before you take Ginkgo biloba
- 3. How to take Ginkgo biloba
- 4. Possible side effects
- 5. How to store Ginkgo biloba
- 6. Contents of the pack and other information

# 1. What Ginkgo biloba is and what it is used for

Circulation and memory loss due to brain conditions such as stroke, Alzheimer disease, and dementia. It may also have other uses. Check with your pharmacist for more details regarding the particular brand you use.

Ginkgo biloba is an herbal product. It works by increasing blood flow to the brain.

Do NOT use GINKGO BILOBA if: You are allergic to any ingredient in ginkgo biloba

Contact your doctor or health care provider right away if any of these apply to you.

### 2. What you need to know before you take Ginkgo biloba

Some medical conditions may interact with ginkgo biloba. Tell your doctor or pharmacist if you have any medical conditions, especially if any of the following apply to you:

if you are pregnant, planning to become pregnant, or breast-feeding

if you are taking any prescription or nonprescription medicine, herbal preparation, or dietary supplement

if you have allergies to medicines food or other substances

if you have history of bleeding disorders.

Some MEDICINES MAY INTERACT with ginkgo biloba. Tell your health care provider if you are taking any other medicines, especially any of the following:

Nonsteroidal anti-inflammatory drugs (NSAIDs; e.g., aspirin, ibuprofen) or warfarin because the risk of serious bleeding may be increased

This may not be a complete list of all interactions that may occur. Ask your health care provider if ginkgo biloba may interact with other medicines that you take. Check with your health care provider before you start, stop, or change the dose of any medicine.

#### 3. How to take Ginkgo biloba

Use ginkgo biloba as directed by your doctor. Check the label on the medicine for exact dosing instructions.

Dosing depends on the use and the source of the product.

Use as directed on the package, unless instructed otherwise by your doctor.



If you miss taking a dose of ginkgo biloba for 1 or more days, there is no cause for concern. If your doctor recommended that you take it, try to remember your dose every day.

Ask your health care provider any questions you may have about how to use ginkgo biloba.

#### **4.Possible side effects**

Some side effects of Ginkgo Biloba may not be reported. Always consult your doctor or healthcare specialist for medical advice.

Applies to ginkgo: oral capsule, oral tablet

Although uncommon, serious side effects have been reported with the use of ginkgo (the active ingredient contained in Ginkgo Biloba) If you experience any of the following serious side effects, stop taking ginkgo and seek emergency medical attention or notify your doctor immediately:

an allergic reaction (difficulty breathing; closing of your throat; swelling of your lips, tongue, or face; or hives);

irregular heartbeats; muscle spasms or cramps; seizures; or

Loss of consciousness.

Other less serious side effects have also been reported to occur. Talk to your doctor or pharmacist if you experience

headache; dizziness; or Stomach upset.

Do not use ginkgo seeds or fruit pulp. These have been shown to be toxic. Also, do not handle the ginkgo fruit pulp. A severe reaction including skin redness, swelling, blistering, and

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects.

If OVERDOSE is suspected:

Your local poison control center, or emergency room immediately. Symptoms may include seizures.

#### 5. How to store Ginkgo biloba

Store at room temperature away from heat, moisture, and light unless otherwise directed on the package label. Do not store in the bathroom. Most herbal products are not in childproof containers. Keep ginkgo biloba out of the reach of children and away from pets.

## 6. Contents of the pack and other information

The active substance ids Ginkgo Biloba.

Each film coated tablet contains:

Dried extract of Ginkgo Biloba BP 40mg
(Contains 9.6mg of Ginkgo Flavones Glycoside)
Colours: Tartrazine and Titanium Dioxide USP.

Aluminium Blister Packs. Pack Size of: 7, 14, 28, 30, 50, 100 and 500 tablets.

### 7. Manufactured In India By: TAJ PHARMACEUTICALS LTD.

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